



# MAY 2018



**Senior Citizen Commission**  
Virginia Diaz  
**Chair**  
Maggie Guzman  
**Vice Chair**

**Commissioners**  
Arline Miranda  
Natalie Orosco  
Iris Rodriguez



**Senior Center Staff**  
Eliose Beltran  
**Senior Center Manager**

Rebecca Bardales  
Joanna Palacios  
Jade Villalobos  
Deirdrea Garcia  
Christina Fraijo



**Front Office Phone**  
(626) 430-2283

**Fax**  
(626) 430-2275

**Hours of Operation**  
Monday - Friday  
8:00am - 4:00pm

**Site Address**  
16116 Arrow Highway  
Irwindale, CA 91706

**Mailing Address**  
5050 N. Irwindale Ave.  
Irwindale, CA 91706

**Website**  
www.irwindaleca.gov

Monday	Tuesday	Wednesday	Thursday	Friday
Tai Chi 1 Tai Chi 2 Boutique Crafts Canasta Ballet Folklorico Hooks & Loops	Walking Club Line Dancing Zumba Gold Quilting Balance & Mobility Nintendo Wii Chair Volleyball Mexican Train	Tai Chi 1 Fun & Gentle Tai Chi 2 Belly Dance Knit & Crochet Computer Class	Walking Club Chair Toning Chair Zumba Hawaiian Dance Ceramics Exercise Class	Fun & Gentle Chair Yoga Rhythm Dance Chair Volleyball
	<b>1</b>	<b>2</b> Legal with Sara Polinsky 1pm-3pm Diabetes Workshop #3 10am-12noon	<b>3</b>	<b>4</b> Hairstyling 9am-11:30am
				<b>5</b> Ramona Pageant 11:30am-8pm
<b>7</b>	<b>8</b>	<b>9</b> Diabetes Workshop #4 10am-12noon	<b>10</b>	<b>11</b> Hairstyling 9am-11:30am Mother's Day Brunch 12noon-2pm
<b>14</b> Men's Haircut 8:30-1pm Irwindale Residents register for Dodger Game	<b>15</b>	<b>16</b> Diabetes Workshop #5 10am-12noon	<b>17</b> Bunco Fundraiser 12noon-3pm	<b>18</b> Hairstyling 9am-11:30am Metro Riders 10am-4pm Smart Phone Class 11am-11:30am
<b>21</b> Irwindale Residents Register for all Classes	<b>22</b>	<b>23</b> Diabetes Workshop #6 10am-12noon	<b>24</b> Bingo 1pm-2:30pm Blood Pressure 11:00am-12noon	<b>25</b> Hairstyling 9am-11:30am Birthday Breakfast 10am
<b>28</b> Senior Center Closed Memorial Day	<b>29</b> Non Resident Standby register for Dodger Game	<b>30</b>	<b>31</b>	

# Irwindale Senior Happenings

## General Information

### Registration

Registration takes place at the Irwindale Senior Center Monday-Friday from 8:00am-3:30pm, unless otherwise noted.

### Lunch Registration

Please make reservations at least 24 hours in advance. Simply call or stop by the Senior Center to make reservations. For more information on the guidelines see the monthly lunch menu.

### Refunds

If the Department cancels an activity or a trip, an automatic refund will be given. Anyone wishing to receive a refund must fill out a refund request form located at the Senior Center.

### Information Flyers

Flyers on all Daily Activities, Special Events, Classes, Clubs, and Trips are available at the Senior Center or [www.irwindaleca.gov](http://www.irwindaleca.gov)

**All sales must be completed 1/2 hour before closing.**

## Special Events/Activities

### Mother's Day Brunch

Friday, May 11, 2018 from 12noon-2pm

### Bunco Fundraiser

Thursday, May 17, 2018 from 12pm-3pm

### Bingo

Thursday, May 24, 2018 from 12pm-3pm

## Upcoming Field Trips

### Ramona Pageant

Saturday, May 5, 2018 from 11:30am-8pm

### Metro Riders

(using public transportation)

Friday, May 18, 2018 from 10am-4pm

## Health Screenings/ Guest Speakers

Diabetes Workshop 6 week session  
Presented by Regal Medical Healthcare  
Wednesdays, 10am - 12noon

## Upcoming Events

### Donuts and Dogs for Dads

Friday, June 15, 2018

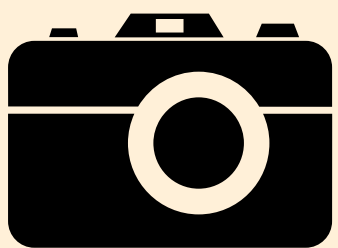
12noon-3pm

### Night in Spain - Senior Prom

Friday, June 29, 2018

5pm-10pm

## SMILE- YOU ARE ON CAMERA



The Irwindale Senior Center may use photos, film, and videotape or otherwise reproduce the image and/or voice of any person who participates in any Senior Center program, class, workshop, meeting or special even and use the same for any purpose without any payment. Your participation in any Senior Center even constitutes your permission to use your likeness.